

The Dance Center
(Class Attire)

Tap - jazz pants, yoga pants, bodysuits, tights, dance skirts, tank tops, tap shoes

Ballet - pink or white tights, pink, or black bodysuits, pink ballet shoes, dance skirts optional, hair off the neck, no jewelry

Leaps and Turns - jazz pants, leggings, or tights with a fitted top or leotard, jazz shoes or jazz sneakers

Jazz - jazz pants, yoga pants, bodysuits, tank tops, black jazz shoes

Hip Hop - **NO JEANS!** workout wear (windbreaker pants, sweats, yoga pants, athletic tops, tanks, knee pads, bandanas are okay, sneakers are okay, white sole and only for class)

No outside shoes!!

Break Dance - same as hip hop bring a towel and knee pads, wrist bands optional

Salsa – (women) a 2” slight heel – (men) a dress shoe- comfortable dancewear or clothing. **No Jeans**

Ballroom - same as Salsa

Lyrical - jazz pants or dance skirts, bodysuits, tights, ballet shoes or soft sole jazz shoes

Contemporary - same as lyrical

Modern - jazz pants, yoga pants bodysuits, tights, bare feet, sandal sole shoes, or ballet shoes

Belly dance - form fitting clothing, or belly outfits, yoga pants, midriffs, belly belt, bare feet, ballet shoes or sandal soles

Yoga - yoga pants, tanks bodysuits, bare feet, bring a mat or towel

Kids in Motion - pink or white tights, pink or black bodysuits, dance skirts okay, ballet and tap shoes for 3-5 Yr old, ballet shoes only for 5-7 yr old

Hard Core Pilates - work out wear, sneakers, bring a mat or towel

Latin Cardio Dance- work out wear, sneakers

Performance workshop - black dance clothes, jazz pants, bodysuit, black jazz shoes

Dance Team -black dance clothes jazz pants, bodysuits, and black jazz shoes

Movin’ to the Beat (walking class) – comfortable workout clothing, socks and sneakers